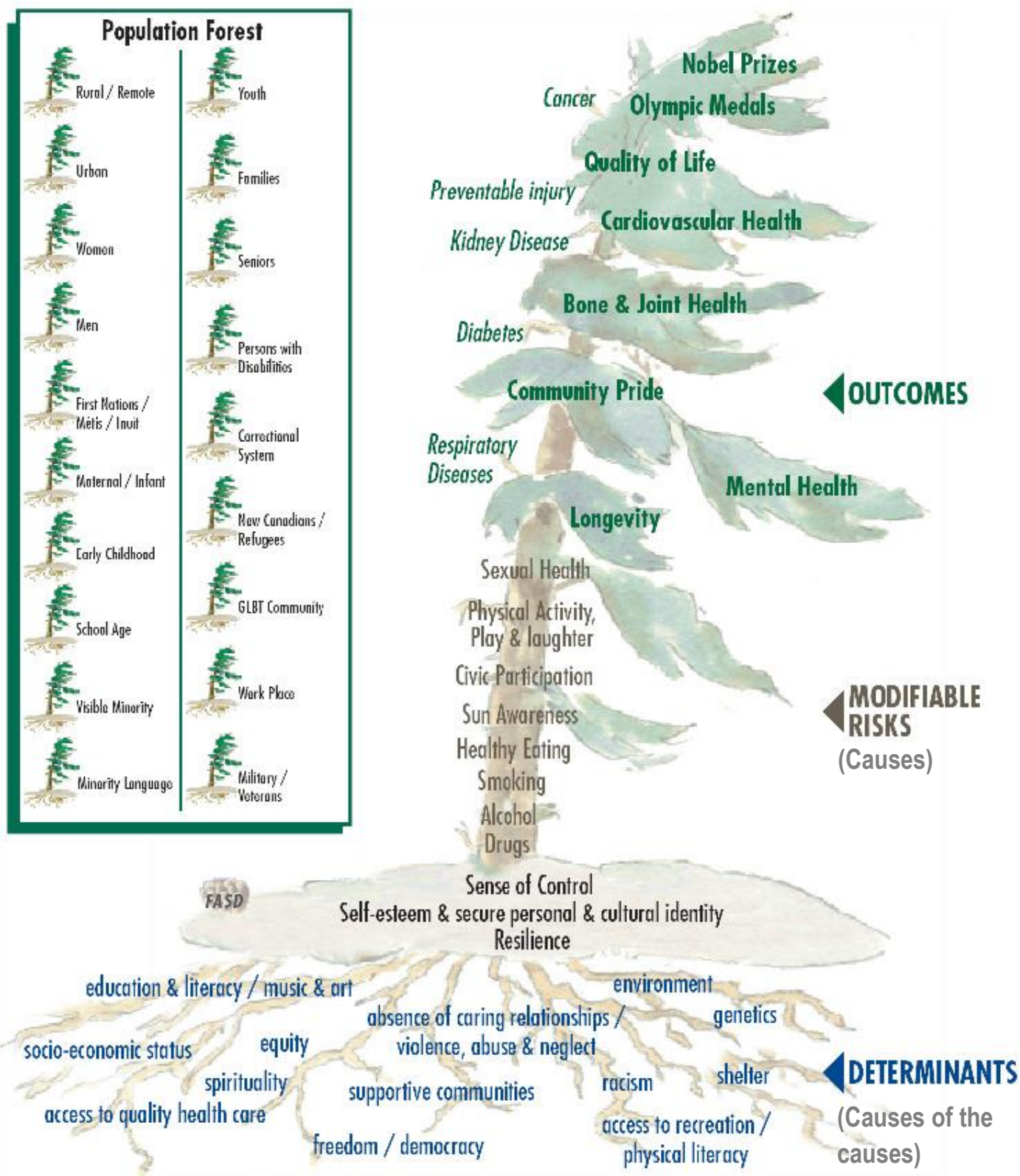




Health and Healthcare in Canada

Hon. Carolyn Bennett, M.D.
Member of Parliament for Toronto–St. Paul's
Minister of Mental Health and Addictions

HEALTHY CANADIANS



“Tree of Health” developed by the Hon. Carolyn Bennett, M.D., M.P. for Toronto-St. Paul’s

Health Goals for Canada^{Canada}

OVERARCHING GOAL

As a nation, we aspire to a Canada in which every person is as healthy as they can be – physically, mentally, emotionally, and spiritually.

HEALTH GOALS FOR CANADA

Canada is a country where:

Basic Needs (Social and Physical Environments)

Our children reach their full potential, growing up happy, healthy, confident and secure.

The air we breathe, the water we drink, the food we eat, and the places we live, work and play are safe and healthy - now and for generations to come.

Belonging and Engagement

Each and every person has dignity, a sense of belonging, and contributes to supportive families, friendships and diverse communities.

We keep learning throughout our lives through formal and informal education, relationships with others, and the land.

We participate in and influence the decisions that affect our personal and collective health and well-being.

We work to make the world a healthy place for all people, through leadership, collaboration and knowledge.

Healthy Living

Every person receives the support and information they need to make healthy choices.

A System for Health

We work to prevent and are prepared to respond to threats to our health and safety through coordinated efforts across the country and around the world.

A strong system for health and social well-being responds to disparities in health status and offers timely, appropriate care.

Applied
Research



Knowledge
Transfer

Political
Will